

## NEW IMAGES- ( A COMPREHENSIVE COURSE IN ENGLISH)

<u>APRIL</u> – Lesson -	My Family
<u>MAY</u> – Lesson -	My Friends
<u>JULY</u> – Lesson-	Reena And Rishi
<u>AUGUST</u> – Lesson-	Friends In Need
<u>SEPTEMBER</u> – Lesson-	Kiran And Mala
<u>OCTOBER</u> – Lesson-	Unity Is Strength
<u>NOVEMBER</u> – Lesson-	Who Will Be The King
<u>DECEMBER</u> – Lesson -	The Dragon Who Couldn't Breathe Fire
<u>JANUARY</u> – Lesson-	The Fox And The Crows
<u>FEBRUARY</u> – Lesson-	Whisky Frisky
<u>MARCH</u> – Lesson -	There's A Neat Little Clock

- 1) Exercises covered for all lessons in the reader –
- 2) New words .
- 3) Word bank .
- 4) Reading comprehension.
- 5) Listening skills.
- 6) Rhyming words.
- 7) Recognizing words
- 8) Drawing and colouring.
- 9) Grammar.

Correct the words, Sentences construction. Fill in the blanks, Match the following, True & false.  
Complete the words. Correct the sentences  
Question & answer related to the lesson.

## ENGLISH LANGUAGE -Communicate In English

<u>APRIL-</u>	Using a & an with words (Articles) Sentence Construction with.. Capital letters and full stops( Punctuation)
<u>MAY</u>	Using I, me & my in sentences (Pronouns) Naming words (nouns) (list)
WORKBOOKS -	Related to the topics.

JULY- Use of he and she in sentences (Pronouns)  
Use of question mark  
Listening skills  
Picture composition  
Revision of all work done.  
Communicate In English – At The Farm  
WORKBOOKS - Related to the topics.

AUGUST One And Many – s (List)  
Use of Is & Are  
Use of This and That  
Picture Composition  
Communicate In English – Hoppity Hop! Splash, Splash!  
WORKBOOKS - Related to the topics.

SEPTEMBER- Describing words. –( Adjectives) (List)  
A & An in sentences  
Picture comprehension & Composition  
Listening skills.  
Revision of all work done so far.  
Communicate In English – Happy Birthday.  
WORKBOOKS - Related to the topics.

OCTOBER- Opposites (List)  
Picture composition and Creative Writing  
Listening skills.  
Revision of all work done so far.  
Communicate In English – Bobby And Robby  
WORKBOOKS - Related to the topics.

NOVEMBER- Days of the week  
Pic. Composition & Creative Writing  
Pic .Comprehension  
Revision of all work.  
Communicate In English – What Does The Prince Want  
WORKBOOKS - Related to the topics.

DECEMBER- Months of the year  
Creative Writing / Pic Composition  
Pic. Comprehension.  
Listening skills.

Communicate In English – Arun And Tara  
WORKBOOKS – Related to the topics.

JANUARY - Position Words- In , on , over ( Prepositions)  
Revision of all the previous concepts.:  
Picture comprehension. Picture composition.  
Creative writing.

Communicate In English – Clever Fred  
WORKBOOKS - Related to the topics.

FEBRUARY - Position Words – up, near, under (Prepositions)  
Picture comprehension. Picture composition.  
Creative writing.  
Revision of all the previous concepts.

Communicate In English – Free And Happy  
WORKBOOKS - Related to the topics.

MARCH - Revision of all work done.  
Communicate In English – Sports Day  
WORKBOOKS – Related to the topics.

### MY GREEN WORLD (E.V.S)

#### APRIL **Myself My Body**

Alternatives to homework - 1. Make a photo frame, decorate it with waste material and paste your Photograph.  
2. Make a booklet - Paste pictures of the different body parts. Write the names below each picture.

Eco Sensitivity - How must we take care of our body.

#### MAY **My Sense Organs**

Alternatives to homework - 1. Cut a circle out of cardboard. Paint it flesh colour. Paste Buttons and any other waste materials to make your sense Organs. You may add hair on the head.  
2. Make a booklet – paste picture of your sense organs .  
Write one sentence about each sense organ.

Eco Sensitivity - How can we take care of our sense organs?

#### JULY- **My Family And Friends**

Alternatives to homework 1. Out of cardboard, make a 'Tree'. Paint it. Cut leaves out of green chart paper. Write the names of your family members on the leaves and paste them on your tree.  
2. Take a coloured, square piece of hard chart paper. Paste ice-cream sticks or any other waste material to make a boarder. Paste a photograph of your 'Family'. Tie a loop of gota to the centre top to make a wall hanging.

Eco Sensitivity - How can we help our parents at home?

#### AUGUST - **My Food Habits**

Alternatives to homework 1. Out of any waste materials make a model of any healthy or junk food item. Eg..Pizza with toppings. Burgers etc  
2 Take a chart paper- Paste pictures of healthy and Junk food  
Write the name of the food below each picture.

Eco Sensitivity Why must we eat healthy food'?

#### SEPTEMBER- **Places Of Worship And Our Festivals**

Alternatives to homework - 1. Cut out 3 different sizes of 'Diyas' Paint them with different colours and designs. Mount then on gota and make a wall hanging. Decorate them with mirrors and sequences.  
2. Make a booklet: Stick pictures of different 'Festivals'.  
Write one sentence about each festival.

Eco Sensitivity - What can we do to help poor people on festivals/

**OCTOBER - People Who Help Us.**

Alternatives to homework - 1. Make a 'First –Aid' box. Paint it 'White', with a red cross ,  
Write a list of items you would keep in the box.  
2. Out of hard chart paper- Make a model of a 'Post Box'.  
Paint it red & black. Write 'LETTERBOX' on it.

Eco Sensitivity - How must we treat our helpers/

**NOVEMBER - Seasons In India**

Alternatives to homework - 1. Make a booklet –Paste pictures of your favourite season.  
List the things you like to eat, wear and do. Decorate the cover.  
With waste materials.  
2. Out of cardboard, cut out the shape of an umbrella. Paint it  
With different colours . Decorate it with lace and mirrors etc.

Eco Sensitivity - What can we do for birds and animals during the summer season?

**DECEMBER - Plants And Animals Around Us**

Alternatives to homework - 1. Make a booklet- Paste pictures of the different things we get  
from plants. Write 1 sentence on each item. Decorate the  
cover with waste materials.  
2) Make a booklet - Cut & paste pictures of animals and the  
things we get from them. Write one sentence on each  
picture. Decorate the cover with waste materials.

Eco Sensitivity - How can we take care of plants?

**JANUARY - Air And Water**

Alternatives to homework - 1. On a chart paper. Paste pictures of of six things in which 'Air' is used.  
Eg.. balloon, tyres Write their names below.  
2. Take an old 'shoe box and paint it blue . Draw and colour  
small cut outs of various underwater creatures . Hang them  
inside the box to make an aquarium. Decorate it with shells.

Eco Sensitivity How can we help to keep the air fresh and clean?

**FEBRUARY - The Earth And The Sky**

Alternatives to homework\_ - 1. Out of hard chart paper make a cylinder shape. .Close it from  
One end and attach a lid to the other end to make a 'Dustbin'.  
Paint it and write 'USE ME' on it.  
2. Cut out a half moon shape and five star shapes. Paint or mount  
them on silver paper. Attach them to long strings. Hang them on a  
hanger at different lengths to make a wall hanging of the night sky.

Eco Sensitivity - How can we keep 'Our Earth' clean and green/

**MARCH - How Do We Travel**

Revision of all work covered in class. Drawing and colouring , Fill in the blanks, Match the following,  
True or False, one word answers, question and answers and sticking pictures related to the lessons

## MATHEMATICS

APRIL -

Arithmetic:

Value of 100.

Numbers 100 -150

Addition &Subtraction on the Numberline-upto 20.

Mental maths

Smallest & Largest 2 digit number.

Notation – 1-20 , In 10's – 100.

Write in figures 0 to 99

$> < =$  , Before / after- 0 -99.

Missing numbers 0 - 99

Small to big / big to small - 0 - 99

Odd and Even numbers 0 - 99

Place Value & Exp. Notation 0 - 99

Related to the concepts

WORKBOOK-

MAY

Arithmetic:

Numbers 100-150

Vertical Addition &Subtraction (Single digit)

Horizontal Addition ( single digit)

Mental maths

Smallest 3 digit number

Notations 100-150

Write in figures 100 to 150

$>< =$ , Before and After 100-150

Missing numbers 100-150

Small to big/big to small - 100- 150

Odd and Even Numbers 100-150

Place Value & Exp. Notation 100 to 150

Related to the concepts.

WORKBOOK -

JULY-

Arithmetic:

Numbers 150-200

Vertical Addition &Subtraction (Single digit)

Horizontal Addition/ Subtraction (single digit)

Mental maths

Notation upto 150-200

Write in figures 150 to 200

$> < =$  Before / after 150-200.

Missing numbers 150- 200.

Small to big / big to small - 150- 200.

Odd and Even numbers 150-200

Place Value 150- 200

Expanded Notation/Short form 150 to 200

Table of -2

Related to the concepts.

WORKBOOK -

AUGUST-

Arithmetic:

Numbers 200-250

Vertical Addition/Subtraction ( Double digits)

Horizontal Addition/Subtraction (single digit)

Mental maths

Notation 200-250  
Write in figures 200 -250  
> < = Before / after 200-250.  
Missing numbers 200-250.  
Small to big / big to small -200-250.  
Odd and Even numbers 200-250  
Place Value 200-250  
Expanded Notation/Short form- 200 to 250  
Table of -2 and 5  
Related to the concepts.

WORKBOOK -

SEPTEMBER-

Arithmetic:  
Numbers 250-300  
Vertical Addition/ Subtraction (2 digits)  
Horizontal Addition/Subtraction under TO  
Mental maths  
Notation 250-300  
> < = Before / after- 250 - 300.  
Missing numbers 250 – 300  
Write in figures 250 - 300 .  
Small to big / big to small - 250 - 300.  
Odd / even numbers 250 - 300.  
Place value 250- 300.  
Expanded notation/ Short form - 250- 300.  
Tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK -

OCTOBER-

Arithmetic:  
Numbers 300-350  
Addition / Subtraction under HTO  
Horizontal Addition/Subtraction under TO  
Mental maths  
Notation 300 – 350  
> < = Before / after- 300 - 350.  
Missing numbers 300- 350.  
Write in figures 300 - 350  
Small to big / big to small 300 - 350.  
Odd / even numbers 300-350.  
Place value 300- 350.  
Expanded notation / Short form 300- 350.  
Mixed tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK

NOVEMBER-

Arithmetic:  
Numbers 350-400  
Addition / Subtraction under HTO  
Horizontal Addition/Subtraction under TO  
Mental maths  
Notation 350-400  
> < = Before / after 350-400.  
Missing numbers 350-400.  
Write in figures 350 - 400

Small to big / big to small 350-400.  
Odd / even numbers 350-400.  
Place value 350-400.  
Expanded notation / Short form 350-400.  
Mixed tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK -

DECEMBER

Arithmetic:  
Numbers 400-450  
Addition/Subtraction under HTO  
Horizontal Addition/Subtraction under TO  
Mental Maths  
Notation 400- 450  
> < = Before / after- 400 - 450.  
Missing numbers 400- 450  
Write in figures. 400 - 450  
Small to big / big to small 400 - 450.  
Odd / even numbers 400- 450.  
Place value 400- 450.  
Expanded notation / Short form 400- 450.  
Mixed tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK -

JANUARY-

Arithmetic:  
Numbers 450-500  
Addition/Subtraction under HTO  
Horizontal Addition/Subtraction under TO  
Mental Maths  
Notation 450- 500  
> < = Before / after 450- 500.  
Missing numbers 450- 500.  
Write in figures 450 - 500.  
Small to big / big to small 450- 500.  
Odd / even numbers 450-500.  
Place value 450- 500.  
Expanded notation /Short form 450- 500.  
Mixed tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK -

FEBRUARY-

Arithmetic:  
Numbers 450-500  
Addition/Subtraction under HTO  
Horizontal Addition/Subtraction under TO  
  
Mental Maths  
Numerals 0-500  
Notation 0- 500  
> < = Before / after 0- 500.  
Missing numbers 0-500  
Write in figures 0 --- 500  
Small to big / big to small 0-500.

Odd / even numbers 0-500.  
Place value 0- 500.  
Expanded notation / Short form 0- 500  
Mixed tables of 2, 5 & 10.  
Related to the concepts.

WORKBOOK -

MARCH

Addition with carryover  
Subtraction with borrowing  
Revision of the above Topics.

**VALUE EDUCATION**

<u>APRIL -</u>	Keeping clean
<u>MAY-</u>	Manners
<u>JULY -</u>	God is everywhere
<u>AUGUST -</u>	Be good be polite
<u>SEPTEMBER -</u>	Good habits
<u>OCTOBER -</u>	Sharing & Caring
<u>NOVEMBER -</u>	Keeping Safe
<u>DECEMBER</u>	Caring for animals
<u>JANUARY -</u>	My home
<u>FEBRUARY -</u>	Keeping Our Surroundings Clean
<u>MARCH</u>	Our beautiful Earth

**GENERAL KNOWLEDGE & CURRENT AFFAIRS**

<u>APRIL -</u>	Earth Day
<u>MAY</u>	Earthquake?
<u>JULY -</u>	My School
<u>AUGUST</u>	My country India
<u>SEPTEMBER -</u>	Eid
<u>OCTOBER -</u>	Do Not Waste
<u>NOVEMBER -</u>	Diwali
<u>DECEMBER -</u>	Christmas
<u>JANUARY -</u>	Republic Day
<u>FEBRUARY -</u>	Basant Panchmi
<u>MARCH</u>	Holi

Note;- Children to be encouraged to watch the daily news on T.V. and see the newspaper regularly.

**PHYSICAL EDUCATION**

APRIL-MAY: 10 MIN WARMING UP

10 MIN FITNESS TRAINING

Try to improve endurance, flexibility and strength components through fitness trg

10 MIN. MAIN PHASES

Flat race, relay race

JULY-AUG: 10 MIN WARMING UP

10 MIN. FITNESS TRAINING

After holiday we continue fitness trg.

1010 MIN. MAIN PHASES



Flat race, three legged race  
5 MIN. COOLING DOWN EXERCISES

SEPT-OCT: 5 MIN. WARMING UP

10 MIN P.T EXERCISES

Tell them how to stand in attention and at ease and P.T exercises

15 MIN. MAIN PHASE

Flat race, relay race

5 MIN. COOLING DOWN

Give them stretching exercises

NOV.-DEC.: 10 MIN. WARMING UP

Jogging or general exercises

15 MIN MAIN PHASE

Flat race, one legged race

5 MIN. FEEDBACK AND COOLING DOWN

Ask them if there is any problem about the skill and cooling down exercise for making them normal.

JAN.-FEB: 10 MIN. WARMING UP

Jogging or general exercises

10 MIN. FITNESS TRG.

10 MIN. MAIN PHASE

Flat race, obstacle race

5 MIN. RECREATIONAL GAMES

Dog and the bone.

MARCH: 10 MIN. WARMING UP

5 MIN.P.T EXERCISES

15 MIN. MAIN PHASE

50 mt. run, relay, one legged race

**CLASS - I**  
**YOGIC EXERCISE (2017-18)**

**MONTH**

**EXERCISES**

**APRIL – MAY**

**1. WARM – UP EXERCISE**

( i ) Spot Running ( 1 min)

(ii) All Joints Movements

**2.SURYA NAMASKAR** (for flexibility and power in a body)

**3. ASANS:** Bhujangasana, Dhanurasana ,  
Pawanuktasan, Butterfly

**4. PRANAYAM:** Anuloma – Viloma , Kapalabhati and  
Bhramari (Try to improve IQ Power breathing  
capacity and concentration

**JULY- SEPT**

**1. WARM – UP EXERCISE**

(i)Spot Running ( 1 min)

(ii) All Joints Movements

**2. SURYA NAMASKAR** ( Sun Salutation)

**3. ASANS :** Padmasana, Bhujangasana, Chakrasana,  
Natarajana, Ardha Matsyendrasana, Camel Pose  
and Revision.

**4. PRANAYAM:** Anuloma – Viloma , Kapalabhati etc....

**OCT- DEC****1. WARM – UP EXERCISE**

(i) Spot Running ( 1 min)

(ii) All Joints Movements

**2. SURYA NAMASKAR** ( Sun Salutation)**3. ASANS** Trikonasan, Gomukhasan, Padmasan, Jhulasan, Mandukasan and Revision**4. PRANAYAM:** Anuloma – Viloma , Kapalabhati etc....**JAN – MARCH****1.WARM – UP EXERCISE**

(i) Spot Running ( 1 min)

(ii) All Joints Movement

**2. SURYA NAMASKAR** ( Sun Salutation)**3. ASANS** : Paschimottan , Sarvangasan, Bhunamanasan ,Uttanpadasan and Revision**4. PRANAYAM** : Anuloma – Viloma , Kapalabhati etc**Dance Syllabus for 20117-18  
Class I**

April – May	Warm up Exercises Observation Dances Steps of Folk Dance Folk Dance
July - September	Warm up Exercises Observation Exercises related to the flexibility of the body Folk Dance
October - December	Warm up Exercises Observation Exercises related to the flexibility of the body Learn to dance with face expressions Diya Dance
January - March	Warm up Exercises Observation Exercises related to the flexibility of the body Holi Dance

Syllabus Class-1  
(Hindi Language) PRIVESH

**vi&y**– अभ्यास (स्वर और व्यंजन), जोड़ो-तोड़ो (अमात्रिक शब्द), चित्र देखकर शब्द लिखो, चित्र बनाओ, वाक्य बनाओ, Dictation.

Reading Pages –13 , 14 , 15 , 16,17

Ex. Pages – 18

आ (I) की मात्रा

जोड़ो,तोड़ो, कठिन शब्द, एक शब्द के उत्तर, चित्र बनाओ, मात्रा लगाओ, वाक्य बनाओ. Dictation

Reading Pages – 19.

Ex. Pages – 20 , 21 , 22

**ebZ** (f) की मात्रा

जोड़ो, कठिन शब्द, एक शब्द के उत्तर, रंगों के नाम, मात्रा लगाओ, वाक्य बनाओ. Dictation.

Reading Pages – 23 ,24, 27

Ex. Pages – 25 , 26

**t ylbZ** (I) और (f) की मात्रा(पुनः अभ्यास)

Dictation of (f) की मात्रा

(I) की मात्रा

जोड़ो, कठिन शब्द, एक शब्द के उत्तर, लिंग बदलो, फलों के नाम, मात्रा लगाओ, पहचानो, वाक्य बनाओ.

Dictation, Workbook

Reading Pages – 28 , 29

Ex. Pages – 30 , 31 ,32

**vxLr**– पुनः अभ्यास

उ ( ) की मात्रा

जोड़ो, कठिन शब्द, एक शब्द के उत्तर, चित्र बनाओ, वाक्य बनाओ, सब्जियों और शरीर के अंगों के नाम.

Dictation, Workbook.

Reading Pages – 33 , 34

Ex. Pages – 35 , 36

**fl rfcj**– उ ( ) की मात्रा

जोड़ो, पहचानो, मात्रा लगाओ, वाक्य बनाओ, जानवरों के नाम, एक शब्द के उत्तर. Dictation, Workbook.

Reading Pages – 37 , 38

Ex. Pages – 39 , 40 , 41 ,42, 43, 44

**vDrwj**– ए ( ) की मात्रा

जोड़ो, पहचानो, मात्रा लगाओ, पक्षियों के नाम, वाक्य बनाओ, एक शब्द के उत्तर. Dictation, Workbook.

Reading Pages – 46 ,47 ,50

Ex. Pages – 48 , 49 .

General reading pages-103 ,104 ,105

**uoEj**– ऐ ( ै ) की मात्रा

जोड़ो, मात्रा लगाओ, वाक्य बनाओ, एक शब्द के उत्तर.

Dictation, Workbook.

Reading Pages – 51 ,52

Ex. Pages – 53 ,54

General reading pages- 106 ,107 , 108, 109 , 110 .

**fnl Eej**– ओ( े )की मात्रा के साथ जोड़ो, मात्रा लगाओ, वाक्य बनाओ

एक शब्द के उत्तर, दिनों के नाम, फूलों के नाम,

Dictation, Workbook.

Reading Pages – 55 , 56

Ex. Pages – 57 , 58

General reading pages-112 , 113 , 114 , 115

**t uojh**- पुनः अभ्यास

ओ ( ै ) की मात्रा

जोड़ो, मात्रा लगाओ, एक शब्द के उत्तर, Dictation, Workbook.

Reading Pages – 59 , 60 ,62

Ex. Pages – 61

General reading pages- 86 , 87, 88 ,89 , 116 ,117

**Qjojh**- पुनः अभ्यास (मात्राएँ )

Reading pages-80 , 81 , 82

Ex. Pages – 83 , 84

अं ( ँ ) की मात्रा

Reading Pages – 63 , 64 , 66

Ex. Pages – 65

**ekpZ** ( ँ ) की मात्रा

Reading Pages-67, 68 , 69

General reading pages-70 , 90 , 91